

Summer  
CAMP  
2021 - 2022

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CAMP

2021 - 2022

1st August 2022 – 19th August 2022



Inspirational Adventures  
with your SH buddies!



## Morning Programme

Morning Summer Programme  
(For current K3 students)

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Morning Summer Programme  
(For current G1 and G2 students)

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Morning Summer Programme  
(For current G3 to G5 students)

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All morning programmes are conducted in English



## Morning Programme (Current K3 students)

### Pre-Grade 1 Morning Programme

Week	Dates	Time	Theme
Week 1	8/8 – 12/8	9:00am – 12:00nn	All About Me
Week 2	15/8 – 19/8	9:00am – 12:00nn	All About SH

## Morning Programme (Current G1-G2 students)

### Grade 1 – 2 Morning Programme

Week	Dates	Time	Tai Po Campus	Mong Kok Campus	Diamond Hill Campus
Week 1	1/8 – 5/8	9:00am – 12:00nn	Team Communication	Problem Solving	Olympic Games
Week 2	8/8 – 12/8	9:00am – 12:00nn	Olympic Games	Team Communication	Problem Solving
Week 3	15/8 – 19/8	9:00am – 12:00nn	Problem Solving	Olympic Games	Team Communication

## Morning Programme (Current G3-G5 students)

### Grade 3 – 5 Morning Programme

Week	Dates	Time	Tai Po Campus	Mong Kok Campus	Diamond Hill Campus
Week 1	1/8 – 5/8	9:00am – 12:30pm	Call to the Wild	Olympic Games	Nature Matters
Week 2	8/8 – 12/8	9:00am – 12:30pm	Olympic Games	Call to the Wild	Olympic Games
Week 3	15/8 – 19/8	9:00am – 12:30pm	Problem Solving	Nature Matters	Call to the Wild

## Morning Summer Programme (For current K3 students)



A 2-week summer programme to support the children to settling into their primary school life. The programme will be conducted at SH and delivered by our SH teachers.

### Week 1 - Theme : All About Me

	MON	TUE	WED	THU	FRI
<b>Session 1</b>	Ice-breaking Games	Science of Me	PTH Story Time	Sing with Me	My Face Artwork
<b>Session 2</b>	Describing Myself to Others	Maths about Me	PTH Story Telling	Let's Dance	Review of the Week
<b>Session 3</b>	Go Wild for Self-portraits	Mini Olympics	PTH Story Telling	All About Me Musical	All About Me Presentation

### Week 2 - Theme : All About SH

	MON	TUE	WED	THU	FRI
<b>Session 1</b>	All you need to know about SH	English Story Time	SH STEM Challenge	SH Art	Preparation of Exhibition
<b>Session 2</b>	Map reading	English Muppet Show	SH STEM Challenge	Mini Olympics	Preparation of Exhibition
<b>Session 3</b>	SH Treasure Hunt	English SH Muppet Show	SH Bows and Arrows	Review of the Week	Exhibition

## Skills Development

- Creativity
- Communication
- IT Skills
- Self-management
- Collaboration
- Problem-solving
- Critical thinking
- Numeracy



# Morning Summer Programme (For current G1 and G2 students)

G1  
G2

## Theme : Team Communication

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus
Session 1	Mini-Game series of DUPLO® Bricks	Blind Walk		Sticker Fight & Stretching Exercise Amazing Challenge (in Wu Kwai Sha Youth Village)	Human Knot
Session 2	Numbers Shuttle & Tic-tac-toe Relay	Expressing with LEGO® Part 1	City Orienteering		Robos Challenge
Session 3	Human Copy Machine	Expressing with LEGO® Part 2			LEGO® Man

### Mini-Game series of DUPLO® Bricks

With LEGO® DUPLO® bricks, participants will learn with a series of brick game. These games can help them have fun, get to know each other, learn how to communicate with others.

### Numbers Shuttle & Tic-tac-toe Relay

Participants would be divided into groups, and each group will be given a target number. Each group has to collect the numbers which can form a formula resulting in the target number.

### Human Copy Machine

The mission of this game is to replicate the demonstration model exactly the same through precise and concise communication. Groups will communicate only with walkie-talkie and execution team will have no vision to the model.

### Blind Walk

One member is designated as team leader, while the others are followers and form a line. They must put on a blindfold and walk a designated route without breaking up the line.

### Expressing with LEGO

This is a quick task to get people familiar with building with LEGO®. A LEGO® Tower Art Museum will be formed to show all the artwork of everyone.

### City Orienteering

City orienteering is a team based challenge that rewards planning, team work and communication. Teams are given a series of challenges each with a specific points value. With the map and compass, the team have to complete the check point that located around the city as they can.

### Amazing Challenge

The challenges include rope skipping, transfer, balanced rod, all on board, gymnastic, scream team, flying chicken, the sixth sense, traffic jam, speedway, I can fly.

### Human Knot

The team needs to work together to untangle everyone without letting go of the hands they're holding.

### Robos Challenge

The team must not talk but use any other communication method to indicate direction of their teammates.

### LEGO Man

The team will be challenged to build a special model, which needs to be absolutely identical to a pre-designed model. They will be given tasks with lots of hidden communication obstacles.



# Morning Summer Programme

(For current G1 and G2 students)

G1  
G2

## Theme : Problem Solving

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus

Session 1	Toxic Waste	Radar	Advanced Whack-A-Mole	The survival Team	Sniper
Session 2	Break the Habit	Spy Game	Party Guess	Ping Pong Circle	Distant Building
Session 3	Photo Hunt	Building Mountain	Dancing Typist (in Wu Kwai Sha Youth Village)	Falling Egg (in Wu Kwai Sha Youth Village)	Mini "LOST" Game

**Toxic Waste** The group must work out how to transport a bucket of 'Toxic Waste' and return it back to the safe zone without tipping over the contents.

**Break the Habit** Establishing a new habit, a new prepotent response. The old habit or pattern of responding is still there but it is less dominant.

**Photo Hunt** Groups have to find out all 'secret' as a team, hands in hands and without taking with each other.

**Spy Game** An ultra-fun detective themed game. Everyone will be given an identity and a location to represent them except for the chosen spay and will take turn to ask and answer question.

**Building Mountain** Everyone will find stuff and construct the tallest tower.

**Advanced Whack-A-Mole** Advanced ice-breaking game to get to know their teammates.

**Party Guess** A guessing game every team member needs to communicate and solve problems together.

**Dancing Typist** It's a very fun game which the participants will use the feet of the team to 'type' the slogan on the big keyboard. As they compete, participants 'type' as fast as they can and they are like dancing.

**The Survival Team** Participants must pretend that they've been shipwrecked and are stranded in a life boat. Each team has a box of matches, and a number of items that they've salvaged from the sinking ship. Members must agree which items are most important for their survival.

**Ping Pong Circle** The aim is for everyone on the team to catch a ping pong ball in a cup. The challenge is that the ball must bounce once in the cup before it is caught.

**Falling Egg** Each team is given an egg, and a limited amount of supplies. Teams are tasked with building something that will protect their egg when dropped from a 5m height.

**Sniper** A problem solving game to eliminate members in the team.

**Distant Building** All members must stay outside of the 'hot zone'. No part of any team member's body is allowed to touch the hot zone. Without the assistance of any other tools, the team must build the highest tower inside the hotzone with the LEGO bricks provided.

**Mini "Lost" Game** Lost Game, sometimes known as an escape game or puzzle room, is a themed challenge event where players collaborate to find clues, complete tasks, and solve a variety of puzzles.



# Morning Summer Programme (For current G1 and G2 students)



## Theme : Olympic Games

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus
<b>Session 1</b>	Olympics History & Make Your Own Flag	Mini Olympic Games			Super Volleyball Game
<b>Session 2</b>	Team Captain Selection & Opening Ceremony	New Olympic Sports Experience: Skateboarding	Olympic Archery Competition & Adventure Games	Team Building Games	Olympic Mini Games
<b>Session 3</b>	Mini Team Building Games & Medals Ranking	Medals Ranking & Prize Presentation			Reflection, Prize Presentation & Closing Ceremony

# Morning Summer Programme (For current G3 to G5 students)



## Theme : Call to the Wild

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus
<b>Session 1</b>	Testing your outdoor knowledge	Map reading 101			Nature art 101
<b>Session 2</b>	Packing the bag and locating my items	Scavenger hunt	Nature trail walk, woodland habitat, building a bug hotel (in Tai Tam Country Park – Parkview Location)	Wild scavenger hunt, nature art, collaborative activities (in Tai Tam Country Park – North Trail)	Collaborative mural Our learning
<b>Session 3</b>	First aid 101 and fun relay	Nature designs			of the week

## Skills Development

- Sports Knowledge
- Concentration
- Creativity
- Geography
- Friendship
- Team Spirit and Ethics
- Cooperation
- Communication
- Respect
- Confidence
- Sportsmanship
- Self-learning
- Motor learning
- Co-ordination
- Strategic planning



### Testing your outdoor knowledge

Warm up and for students to get to know each other, an overview of the week, learning about collaboration.

### Packing the bag and locating my items

Self-care and learning the essentials of going outdoors – packing list, what to bring, how best to pack the bag.

### First aid 101 and fun relay

Learning basic first aid, what to look out for outdoors, how to help each other and call for help.

### Map reading 101

Learn basic map reading skills

### Scavenger hunt

Using clues given, students have to hunt for items on the list.

### Nature designs

Learning to look closely at natural patterns and shapes and textures.

### Nature trail walk, woodland habitat

Experiencing what we've learned in the classroom about shapes, textures and design

### Building a bug hotel

Scavenge for natural materials and build a habitat for bugs

### Wild scavenger hunt

Habitat building. Students will be looking at needs of the animal.

### Nature art

Creating art work from natural materials

### Collaborative mural

Consolidate the week's learning, what stuck and express it in a mural.



# Morning Summer Programme (For current G3 to G5 students)



## Theme : Nature Matters

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus
Session 1	Collaborative activities	Leave No Trace 101		Thursday Excursion	Campsite blueprint
Session 2	Maps and treasure hunt (refresher)	Tent set up and relay	Shelter Building Aquatic life studies (in Sai Kung Country Park – Pak Tam Chung)	Collaborative activity – the food web Mini survival challenge (in Sai Kung Country Park – Pak Tam Chung)	Outdoors Dos and Don'ts
Session 3	Food web – species activities	Tent take down and clean up			Our learning of the week

<b>Collaborative activities</b>	Warm up and for students to get to know each other, learning about collaboration.
<b>Maps and treasure hunt</b>	Map reading. Students make their own treasure maps and do a treasure hunt.
<b>Food web – Species activities</b>	Activity designed to highlight how things in nature are interconnected.
<b>Leave No Trace</b>	Learn about Leave No Trace, the Dos and Don'ts for outdoor/camping activities & social responsibility.
<b>Tent set up and relay</b>	How to set up a tent properly.
<b>Tent take down and clean up</b>	How to take down the tent and care for outdoor equipment.
<b>Shelter building</b>	Learn to build a shelter in the wild.
<b>Aquatic life studies</b>	We will look at life in the fresh/salt water and learn about the habitat and highlight how it is interconnected.
<b>The food web</b>	Implementing what students have learned about habitats and interdependence in the wild.
<b>Mini survival challenge</b>	Activity designed to highlight shelter, survival and inter dependence.
<b>Campsite blueprint</b>	Learn about campsite layout and create a useful camping product from natural or recycled materials.
<b>Outdoors Dos and Don'ts</b>	Consulate the learning of the week. Making a poster to highlight the Dos and Don'ts.

## Theme : Olympic Games

	MON	TUE	WED	THU	FRI
	On Campus	On Campus	Excursion	Excursion	On Campus
Session 1	Olympics History & Make Your Own Flag	Mini Olympic Games			Super Volleyball Game
Session 2	Team Captain Selection & Opening Ceremony	New Olympic Sports Experience: Skateboarding	Rock Climbing / Abseiling, Adventure Games	Rock Climbing / Abseiling, Adventure Games	Olympic Mini Games
Session 3	Mini Team Building Games & Medals Ranking	Medals Ranking & Prize Presentation			Reflection, Prize Presentation & Closing Ceremony

## Skills Development

- Sports Knowledge
- Concentration
- Creativity
- Geography
- Friendship
- Team Spirit and Ethics
- Cooperation
- Communication
- Respect
- Confidence
- Sportsmanship
- Self-learning
- Motor learning
- Co-ordination
- Strategic planning





## Afternoon Programme



## Afternoon Programme Tai Po Campus

Time	Monday (1/8, 8/8, 15/8)	Tuesday (2/8, 9/8, 16/8)	Wednesday (3/8, 10/8, 17/8)	Thursday (4/8, 11/8, 18/8)	Friday (5/8, 12/8, 19/8)
2:00pm – 3:30pm	Coding with Scratch	Maths Olympiad	Smart City	STEM Explorer	VR Game and Animation
	Acrylic Painting	Light Clay	Sewing Art	Roller Skating	3D Pen Designer
	Taekwondo	Table-tennis	Dodgebee	Rope skipping	Fencing
3:30pm – 5:00pm	Musical Workshop	A Cappella	African Drums	Ukulele	Stormy Chefs
	Skateboarding	K-pop Dance	Basketball	Archery	Golf

## Mong Kok Campus

Time	Monday (1/8, 8/8, 15/8)	Tuesday (2/8, 9/8, 16/8)	Wednesday (3/8, 10/8, 17/8)	Thursday (4/8, 11/8, 18/8)	Friday (5/8, 12/8, 19/8)
2:00pm – 3:30pm	Coding with Scratch	Maths Olympiad	Smart City	STEM Explorer	VR Game and Animation
	Acrylic Painting	Light Clay	Sewing Art	Sewing Art	3D Pen Designer
	Taekwondo	Table-tennis	Dodgebee	Rope skipping	Fencing
3:30pm – 5:00pm	Ukulele	Musical Workshop	A Cappella	African Drums	Stormy Chefs
	Nunchaku Martial Arts	Wushu	Basketball	Archery	K-pop Dance

## Diamond Hill Campus

Time	Monday (1/8, 8/8, 15/8)	Tuesday (2/8, 9/8, 16/8)	Wednesday (3/8, 10/8, 17/8)	Thursday (4/8, 11/8, 18/8)	Friday (5/8, 12/8, 19/8)
2:00pm – 3:30pm	Sewing Art	Ceramic	Light Clay	Acrylic Painting	3D Pen Designer
	Football	Table-tennis	Dodgebee	Rope skipping	Fencing
3:30pm – 5:00pm	African Drums	Ukulele	Musical Workshop	A Cappella	Stormy Chefs
	Skateboarding	Basketball	Wushu	K-pop Dance	Archery

## Afternoon Programme (For current K3 to G5 students)



### Logical-mathematical Intelligence

Coding with Scratch	16
Maths Olympiads	17
Smart City	18
STEM Explorer	19



### Bodily-kinaesthetic Intelligence

Archery	30
Basketball	31
Chinese and Korean Cultures and Martial Arts Learning Program (Taekwondo)	32
Dodgebee	33
Fencing	34
Football	35
Golf	36
K-pop dance	37
Nunchaku Martial Arts	38
Roller Skating	39
Rope Skipping	40
Skateboarding	41
Table-tennis	42
Wushu	43



### Spatial Intelligence

3D Pen Designer	20
Acrylic Painting	21
Ceramic	22
Light Clay	23
Sewing Art	24
VR Game and Animation	25



### Musical Intelligence

A Cappella	26
African Drums	27
Musical Workshop	28
Ukulele	29



### Intrapersonal Intelligence

Stormy Chefs	44
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# Coding with Scratch

Tai Po / Mong Kok

Course Name	Coding with Scratch
Company's / Tutor's Name	STEMex Learning Centre
School Teacher-in-charge	Ms. Joyce Lee (kylee@sthilarys.edu.hk)
Min. no. of students	10
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	English, Cantonese



- Course Description
1. Name Animation: Animate different letters and adding music.
  2. Story Telling: Tell a story using animation, dialogues and sounds.
  3. Clickes Game: Create a game where players have to click to pop a balloon.
- Company/ Tutor's background
1. 我們有STEM融入中學常識科的經驗。
  2. 本公司是Engineering for Kids (EFK) 課程在香港的唯一提供者。EFK 課程來自美國, 推行多年並已被國際廣泛認受, 課程深受學生與家長歡迎。
  3. 所有課程以使用 Engineering Design Process 作為創新方案。
  4. 全球共有三十七國家及一百七十六個地區的學校及組織使用。
  5. 課程按多個國際標準設計。
  6. 曾參與多間學校, NGO 如香港小童群益會並與不同機構的 STEM 活動, 如 MTR STEM Summer, GSMA Tech4Girls 和貿易發展局的 Design Inspire 等, 對培育下一代和發展 STEAM 文化有豐富經驗。
  7. 本公司曾與學校如星加坡國際學校及團體一起參與機械人設計比賽, 利用本中心機械人編程課程訓練學生解難過程。



# Maths Olympiads

Tai Po / Mong Kok



Course Name	Maths Olympiad
Company's / Tutor's Name	Mathslab Co. Limited
School Teacher-in-charge	Ms. Cheryl Leung (lleung@sthilarys.edu.hk)
Min. no. of students	6
Max. no. of students	12
Tutor-student ratio	1:12
Medium of instruction	Cantonese

- Course Description
- 透過系統性地把小學奧林匹克數學課題設計成特定模組, 配合把歷屆香港各小學數學比賽題目作示範與講解, 針對指定的奧數範圍, 以層遞式教授, 協助同學循序漸進地掌握有關簡易數論、代數應用、幾何研究、應用討論、巧算與估算等重點課題的內容和處理技巧, 從而建立有效的邏輯思維方式、分析推理技巧, 以及對既有數學能力的蕪新應用, 提升應付各類數學競賽題目的信心。
- Company/ Tutor's background
- 本中心導師均曾接受特設的導師培訓, 掌握課堂技巧, 熱誠有耐心。每位導師均曾任教到校課程至少三年或以上。



# Smart City

Tai Po / Mong Kok

Course Name	Smart City
Company's / Tutor's Name	STEMex Learning Centre
School Teacher-in-charge	Ms. Joyce Lee (kylee@sthilarys.edu.hk)
Min. no. of students	10
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	English, Cantonese
Course Description	<ol style="list-style-type: none"> <li>1. Paper Tower Challenge – Crate a tower using papers to learn about civil engineering</li> <li>2. Lift Off! – Learn about chemical reactions that produces gases</li> <li>3. Candy Catapult – Learn about forces and mechanics to create a catapult</li> </ol>
Company/ Tutor's background	<ol style="list-style-type: none"> <li>1. 我們有STEM融入中學常識科的經驗。</li> <li>2. 本公司是Engineering for Kids (EFK) 課程在香港的唯一提供者。EFK 課程來自美國,推行多年並已被國際廣泛認受,課程深受學生與家長歡迎。</li> <li>3. 所有課程以使用 Engineering Design Process 作為創新方案。</li> <li>4. 全球共有三十七國家及一百七十六個地區的學校及組織使用。</li> <li>5. 課程按多個國際標準設計。</li> <li>6. 曾參與多間學校, NGO 如香港小童群益會並與不同機構的 STEM 活動, 如 MTR STEM Summer, GSMA Tech4Girls 和貿易發展局的 Design Inspire 等, 對培育下一代和發展 STEAM 文化有豐富經驗。</li> <li>7. 本公司曾與學校如星加坡國際學校及團體一起參與機械人設計比賽, 利用本中心機械人編程課程訓練學生解難過程。</li> </ol>



# STEM Explorer

Tai Po / Mong Kok

Course Name	STEM Explorer
Company's / Tutor's Name	Kidom Limited
School Teacher-in-charge	Ms. Joyce Lee (kylee@sthilarys.edu.hk)
Min. no. of students	--
Max. no. of students	16
Tutor-student ratio	1:8
Medium of instruction	Cantonese
Course Description	<ol style="list-style-type: none"> <li>1. Introduce the principle by assembling a wooden and recycle material</li> <li>2. Explain the STEAM principle</li> <li>3. Promote Maker culture and inspire the creativity</li> <li>4. Provide a favourable learning environment by using Thematic approach</li> </ol>
Company/ Tutor's background	Kidom Limited is a company primarily focused on the provision of STEM education and related services. We aim to provide a unique STEM experience and deliver innovative thoughts to students. Kidom makes reference to overseas practices and teaching methods such as Creativity, Communication, Problem Solving, Collaboration, Critical Thinking and Adaptability. We also provide different categories of services, including: Regular Workshop, Tailored Made Workshop and Customized Products.



# 3D Pen Designer

Tai Po / Mong Kok

Course Name	3D Pen Designer
Company's / Tutor's Name	STEM Tutors from DTSL Group Limited
School Teacher-in-charge	Ms. Rita Wong (wlvong@sthilarys.edu.hk)
Min. no. of students	N/A
Max. no. of students	12
Tutor-student ratio	1:12
Medium of instruction	Cantonese, English
Course Description	<ol style="list-style-type: none"> <li>1. Introduction to 3D pen usage and design</li> <li>2. Draw a rabbit and crown</li> <li>3. Draw a dinosaur and eyeglasses</li> <li>4. Draw a pen holder</li> </ol>
Company/ Tutor's background	<p>DTSL is an experienced STEM solution provider with an excellent and transparent track record of supporting STEM education in the K12 sector of Hong Kong. We provide onsite support, training, teachers' development, hardware and software installation, long term strategic planning for STEM education for local kindergarten, primary schools, secondary schools, and tertiary education entities.</p> <p>Our tutors follow a strict code of conduct and are aware of individual differences.</p>



# Acrylic Painting

Tai Po / Mong Kok / Diamond Hill



Course Name	Acrylic Painting
Company's / Tutor's Name	Thirteen
School Teacher-in-charge	Ms. Rita Wong (wlvong@sthilarys.edu.hk)
Min. no. of students	4
Max. no. of students	20
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	<ol style="list-style-type: none"> <li>1. Understanding of colour, ratio, and spacing</li> <li>2. Learning of Impressionism</li> </ol>
Company/ Tutor's background	<p>Lam Hau Yi is the founder of Thirteen since 2020, who is a Hong Kong-based artist and designer. She obtained her BA (Hons) Visual Arts from Hong Kong Baptist University in 2014 and her BA (Hons) Visual Communication from Birmingham City University in 2012. Her work have been exhibited in Hong Kong, Taiwan, Japan and Berlin. Besides, she has more than ten years of teaching experience about painting, drawing, ceramics and craft making.</p> <p>Lam Hiu Man is Thirteen's art tutor, who is about to graduate from Hong Kong Baptist University with BA (Hons) in Visual Arts. She has been an art tutor for 2 years.</p>



# Ceramic

📍 Diamond Hill

Course Name	Ceramic
Company's / Tutor's Name	Potter Fun
School Teacher-in-charge	Ms. Rita Wong (wlwong@sthilarys.edu.hk)
Min. no. of students	10
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	Cantonese
Course Description	<ul style="list-style-type: none"> <li>- Basic knowledge of process making pottery</li> <li>- Creating artwork by hand-building</li> <li>- Adding decorations and getting ready for bisque firing</li> <li>- Glazing</li> </ul>
Company/ Tutor's background	<ul style="list-style-type: none"> <li>- BA in Fine Art (Major in Ceramics) – RMIT (HK Art School)</li> <li>- Diploma in General Psychology – HKBU (School of Continuing Education)</li> <li>- Tutor of various schools for pottery courses</li> </ul>



# Light Clay

📍 Tai Po / Mong Kok

Course Name	Light Clay
Company's / Tutor's Name	Thirteen
School Teacher-in-charge	Ms. Rita Wong (wlwong@sthilarys.edu.hk)
Min. no. of students	4
Max. no. of students	20
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	<ol style="list-style-type: none"> <li>1. Introduction and learning of ocean</li> <li>2. Ocean design</li> <li>3. Design thinking of animals</li> <li>4. Landscape design</li> </ol>
Company/ Tutor's background	<p>Lam Hau Yi is the founder of Thirteen since 2020, who is a Hong Kong-based artist and designer. She obtained her BA (Hons) Visual Arts from Hong Kong Baptist University in 2014 and her BA (Hons) Visual Communication from Birmingham City University in 2012. Her work have been exhibited in Hong Kong, Taiwan, Japan and Berlin. Besides, she has more than ten years of teaching experience about painting, drawing, ceramics and craft making.</p> <p>Lam Hiu Man is Thirteen's art tutor, who is about to graduate from Hong Kong Baptist University with BA (Hons) in Visual Arts. She has been an art tutor for 2 years.</p>



# Sewing Art

Tai Po / Mong Kok / Diamond Hill

Course Name	Sewing Art
Company's / Tutor's Name	Gloria Handicraft Studio
School Teacher-in-charge	Ms. Rita Wong (wlvong@sthillarys.edu.hk)
Min. no. of students	6
Max. no. of students	20
Tutor-student ratio	1:6
Medium of instruction	Cantonese, English
Course Description	The sewing classwork would be a dressed puppet.
Company/ Tutor's background	Gloria has 35 years of teaching experience. She won many competitions, such as URSA Award, USA TOBY Award, UK NTBA Award, German TED Award, Golden George Awards Germany, TED Award and Korea Teddy Award and Taiwan bear Award. Gloria was one of the judges in the jury of the above Teddy Bear Competitions. Also, she is the Founder and Chairperson of HK Teddy Bear Association. She wishes to bring HK Teddy Bear Art to the overseas bear market, and has been training a team of international Teddy bear award winners in Hong Kong.



# VR Game and Animation

Tai Po / Mong Kok

Course Name	VR Game and Animation
Company's / Tutor's Name	Big Dipper Studio Limited
School Teacher-in-charge	Ms. Rita Wong (wlvong@sthillarys.edu.hk)
Min. no. of students	10
Max. no. of students	20
Tutor-student ratio	1:20
Medium of instruction	Cantonese
Course Description	<ol style="list-style-type: none"> <li>1. Exploring VR application and understanding the basics of immersive technology</li> <li>2. Introduction to CoSpaces platform and basic operation</li> <li>3. Modelling &amp; Animation in CoSpaces</li> </ol>
Company/ Tutor's background	BDS was founded in 2014. The company name Big Dipper (Seven Guiding Stars) has been used as a pointer helping people to find the North Star. Our role is just like the Seven Guiding Stars, students to reach their final goals with the latest I.T. solutions. Our energetic and creative teams always do research on the latest technology, including mobile & web development, augmented reality, virtual reality, motion sensing, etc. Helping students to visualize the ideas into a fun and interactive user experience.



# A Cappella

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	A Cappella
Company's / Tutor's Name	The Orch Academy Limited
School Teacher-in-charge	Ms. Crystal Lam (wkclam@sthilarys.edu.hk)
Min. no. of students	6
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	Cantonese, English
Course Description	The course is an introduction to A cappella singing basic skills. There will be a short and finished piece to perform at the end of the course.
Company/ Tutor's background	The Conservatory of Music, founded by musicians, early childhood education and senior educators, is located in Tai Po and Prince Edward. It is mainly engaged in local music talent education and training. It also organizes various types of concerts every year to promote and educate audiences. Former cooperation institutions include Tung Wah group of Hospitals, The Boys' and Girls' Clubs Association of Hong Kong, Kadoorie Farm and Orbis etc. The Orch Academy is currently coaching instrument class in St. Hilary's school both Taipo and Kowloon school. The Orch Academy is currently partnership base with Trinity HK music centre.



# African Drums

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	African Drums
Company's / Tutor's Name	Active Concept Limited
School Teacher-in-charge	Mr. Kevin Cheung (hccheung@sthilarys.edu.hk)
Min. no. of students	8
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	English, Cantonese
Course Description	<ul style="list-style-type: none"> <li>- Learning of African music and its culture</li> <li>- Learning and practice the basic sounds of Djembe</li> <li>- Learning traditional rhythms and songs</li> <li>- Learning multi-rhythms and performing in groups</li> </ul>
Company/ Tutor's background	<ul style="list-style-type: none"> <li>- Performing group of 2013-17, 19 CNY Tsim Sha Tsui Night Parade, 2013 International Arts Carnival, 2012 &amp; 14-19 HK Flower Show, 2014-16 HK International Dragonboat Carnival, 2017-18 Hong Kong Rugby Sevens</li> <li>- Instructed by a Hong Kong professional drummer who has over 5 years of teaching experience in schools, companies and organisations.</li> </ul>



# Musical Workshop

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	Musical Workshop
Company's / Tutor's Name	Walk Together Limited
School Teacher-in-charge	Ms. Tracy Pun (tytpun@sthilarys.edu.hk)
Min. no. of students	10
Max. no. of students	15
Tutor-student ratio	1:12
Medium of instruction	Cantonese
Course Description	Children will experience musical plays under the direction of a caring and talented faculty of performing artist/educators. This workshop includes classes in singing and dancing with a Musical song excerpt.
Company/ Tutor's background	Company director Wai-Ying Amanda Chan has been working in kindergarten for over twenty years. She was responsible for the drama curriculum in the school. In 2016, she graduated her Master in Fine Arts of Drama (Drama in Theatre Education) in Hong Kong Academy for Performing Arts.  She believes all art forms is a special way for children to express themselves. She believes the power of stories. She established her own company "Walk Together Limited" in 2020.



# Ukulele

📍 Mong Kok / Diamond Hill



Course Name	Ukulele
Company's / Tutor's Name	The Orch Academy Limited
School Teacher-in-charge	Ms. Crystal Lam (wklam@sthilarys.edu.hk)
Min. no. of students	4
Max. no. of students	15
Tutor-student ratio	1:15
Medium of instruction	English and Cantonese
Course Description	The course is an introduction to ukulele basic skills. There will be a short finished piece which can be performed in the last lesson.
Company/ Tutor's background	The Conservatory of Music, founded by musicians, early childhood education and senior educators, is located in Tai Po and Prince Edward. It is mainly engaged in local music talent education and training. It also organizes various types of concerts every year to promote and educate audiences. Former cooperation institutions include Tung Wah group of Hospitals, The Boys' and Girls' Clubs Association of Hong Kong, Kadoorie Farm and Orbis etc. The Orch Academy is currently coaching instrument class in St. Hilary's school both TaiPo and Kowloon school. The Orch Academy is currently partnership base with Trinity HK music centre.



# Archery

Tai Po / Mong Kok / Diamond Hill

Course Name	Archery
Company's / Tutor's Name	Law Kwan To
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk)
Min. no. of students	6
Max. no. of students	15
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	Archery is a mental sport which requires a high degree of concentration to achieve a state of unity between body and mind. In the process of archery, students will learn to develop confidence and improve their attitude.
Company/ Tutor's background	Law started to learn archery in 2009 and began to participate in the Hong Kong Youth Archery Competition in 2010. In 2012, he joined the Youth Training Team until 2017. In 2012, he went to Tianjin to participate in the National Amateur Archery Competition and were ranked in the top 10. In 2013, he participated in the Singapore Archery Competition and ranked in the junior group and was the champion of the knockout competition. In 2014, he went to Shanghai to participate in the National Amateur Archery Competition and were ranked in the top 8. He also won the Hong Kong Youth archery championship and participated in the World Junior Archery Championship in the United States representing Hong Kong in 2015. In 2018, he started to participate in the compound bow group and achieved the top three results and broke the record in different youth indoor competitions.



# Basketball

Tai Po / Mong Kok / Diamond Hill

Course Name	Basketball
Company's / Tutor's Name	Cheung Hok Lam Matthew
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk)
Min. no. of students	12
Max. no. of students	20
Tutor-student ratio	1:12
Medium of instruction	Cantonese
Course Description	Training aims: Strengthen basketball fundamental skills, team tactics, physical fitness, leadership, team and personal qualities. Training goals: Enhance student basketball related skills and performance through regular training.
Company/ Tutor's background	Basketball experience: Former EdUHK Men Basketball Player NIKE ALL HONG KONG selection 2015 U16 Hong Kong Ladder Team Selection U18 Hong Kong Ladder Team Selection Coaching experience: St.Stephen's College Preparatory School 2019-2020 Yaumati Catholic Primary School (Hoi Wang Road) 2018-2021 S.K.H Lee Shiu Keung Primary School 2018-2020



## Bodily-kinaesthetic Intelligence

# Chinese and Korean Cultures and Martial Arts Learning Program (Taekwondo)

Tai Po / Mong Kok

Course Name	Chinese and Korean Cultures and Martial Arts Learning Program (Taekwondo)
Company's / Tutor's Name	Hong Kong Taekwondo Development Scheme
School Teacher-in-charge	Mr. Calvin Loo (clloo@sthilarys.edu.hk)
Min. no. of students	8
Max. no. of students	16
Tutor-student ratio	1:8
Medium of instruction	English, Mandarin, Korean and Cantonese
Course Description	Modules: <ol style="list-style-type: none"><li>1. Taekwondo (Korean Martial Art) and Chinese Martial Art</li><li>2. Chinese and Korean Culture (Language and etiquette)</li><li>3. Self-discipline building</li><li>4. Improving the cardiovascular function, muscular strength and flexibility</li><li>5. Raising the awareness of self-protection</li><li>6. The cultivation of good social skills like sportsmanship and being responsible and generous</li></ol>
Company/ Tutor's background	<ul style="list-style-type: none"><li>- Recognized membership of Kukkiwon</li><li>- Recognized instructor of The Chinese Taekwondo Association (Grade no. 201208137)</li><li>- Recognized sixth dan black belt in Taekwondo of HKTF(China)</li><li>- Had been represented Hong Kong to participate in international taekwondo competitions</li><li>- The Vice Chairman of HKSJN Martial Art Federation</li><li>- Bachelor of Business Administration</li><li>- Completed the course in SEMINAR ON CHILDREN DEVELOPMENT PSYCHOLOGICAL BEHAVIOUR</li><li>- Completed the Mental Health First Aid Course at The Mental Health Association of Hong Kong</li><li>- Completed the course in special educational needs at The Education University of Hong Kong</li><li>- Recognized professional coach by CUHK</li><li>- Recognized level 1 Sports-General Theory of the Hong Kong Coach Accreditation Programme</li><li>- Recognized association by Hong Kong Wushu Union</li></ul>



## Bodily-kinaesthetic Intelligence

# Dodgebee

Tai Po / Mong Kok / Diamond Hill

Course Name	Dodgebee
Company's / Tutor's Name	Hong Kong Dodgebee Association Limited
School Teacher-in-charge	Mr. Calvin Loo (clloo@sthilarys.edu.hk)
Min. no. of students	5
Max. no. of students	20
Tutor-student ratio	1:20
Medium of instruction	Cantonese
Course Description	Mini-games and matches will be arranged to allow students to comprehend the basic skills of throwing and catching dodgebee and to train their hand-eye coordination in a fun way. Other than skills, students will also learn the importance of safety, respect, courage and teamwork.
Company/ Tutor's background	<p>Experienced dodgebee player with six years of dodgebee playing experience.</p> <p>Experienced dodgebee coach with three years of teaching experience. He has taught students from the age of six to ninety and represented U13 U15 Hong Kong Dodgebee Team.</p>



# Fencing

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	Fencing
Company's / Tutor's Name	Rainbow Learning Co. Ltd.
School Teacher-in-charge	Mr. Harry Lam (harrylam@sthilarys.edu.hk)
Min. no. of students	4
Max. no. of students	20
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	<p>Foundation Level Course:</p> <ol style="list-style-type: none"> <li>1. Simple fencing related games and exercise.</li> <li>2. Demonstrate a systematic and structured approach to basic fencing skills and fencing movements</li> <li>3. Footwork to support simple attacks, defensive, offensive and stances</li> <li>4. Circular parry sixte with riposte</li> <li>5. Remises</li> <li>6. Safety aspects of fencing</li> </ol>
Company/ Tutor's background	<p>Rainbow Fencing is established in 2012. We committed to promoting positive values of fencing and providing a quality, enjoyable and all-rounded fencing program, where students of all ages achieve their maximum potential and gain a love of fencing. We aim to provide our students with a positive learning attitude so that they can enhance their mental and physical capacity by reaching their individual goals.</p>



# Football

📍 Mong Kok / Diamond Hill

Course Name	Football
Company's / Tutor's Name	Easy Sports Company Limited
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk )
Min. no. of students	10
Max. no. of students	20
Tutor-student ratio	1:20
Medium of instruction	English, Cantonese
Course Description	<p>Children can have the opportunity to learn how to control their own body, develop the regular sport habits, improve stress resistance, control their emotions and also promote the growth of the body and the ability to adapt to the living environment during the football training exercise.</p>
Company/ Tutor's background	<p>CHAN TAK WAI OLIVER (陳德偉)                      AFC Futsal Level 1 Coaching Certificate                      AFC Futsal Level 2 Coaching Certificate                      AFC Goalkeeper Level 1                      EXPERIENCES:                      ARSENAL SOCCER SCHOOL (HK)- COACH                      LEE MAN FOOTBALL CLUB U15- HEAD COACH</p>



## Bodily-kinaesthetic Intelligence

# Golf

Tai Po

Course Name	Golf
Company's / Tutor's Name	Romy (Greater Bay Area) Sports Training and Equipment Co. Limited
School Teacher-in-charge	Ms. Nicole Lo (htlo@sthilarys.edu.hk )
Min. no. of students	10
Max. no. of students	15
Tutor-student ratio	1:10
Medium of instruction	English, Cantonese
Course Description	The golf course will be introduced pitching, chipping, putting skills from fundamental swing to full swing. Also, basic safety rules and etiquette will be taught through the lessons with game-based approach. Students will be required to do some handcrafts for the teaching aids (e.g. target hole...)
Company/ Tutor's background	The course consultant, Winston Kwok was the founder and chairman of the Hong Kong Teacher's Golf Association. He graduated at the University of Northumbria with Sports Development with Coaching. All the tutors were HKPGA licensed coach and fully experiences on teaching adolescences golf.



## Bodily-kinaesthetic Intelligence

# K-pop Dance

Tai Po / Mong Kok / Diamond Hill

Course Name	K-pop Dance
Company's / Tutor's Name	BFiT Dance Studio
School Teacher-in-charge	Ms. Christie Wong (wswong@sthilarys.edu.hk)
Min. no. of students	10
Max. no. of students	50
Tutor-student ratio	1:50
Medium of instruction	English
Course Description	We provide a variety of dance activities and let the student learn by tune of any music we choice to dance. Learning how to dance help students to be active.
Company/ Tutor's background	Mr.B is a multi-talented Hip-Hop choreographer and dancer, and a Fitness instructor. He is skilled in Gymnastics and he was a member of the cheerleading team at Adamson University and a performer/ dancer in Hong Kong Disneyland. Mr.B has rich experience in teaching funky dance and choreography in Hip-Hop and K-Pop for over 11 years, and has participated in many performances and shows.



## Bodily-kinaesthetic Intelligence

# Nunchaku Martial Arts

Tai Po

Course Name	Nunchaku Martial Arts
Company's / Tutor's Name	Social Seeds
School Teacher-in-charge	Mr. Harry Lam (harrylam@sthilarys.edu.hk)
Min. no. of students	15
Max. no. of students	30
Tutor-student ratio	1:30
Medium of instruction	English
Course Description	Nunchaku course is made up of 3 elements: kata, freestyle nunchaku and wushu. A kata is when you perform basic nunchaku techniques arranged in a dance like moves, as fluently and perfectly as possible. Freestyle nunchaku is a more visually stunning, rather than combative style. Wushu includes warm-up, kicking, physical training and discipline.
Company/ Tutor's background	劉萬梁師傅 香港雙節棍總會創辦人 雙節棍八級八段體系始創者 世界雙節棍道協會副主席 中國國際雙節棍聯盟黑帶五段 世界健力士雙節棍紀錄創立者 第四屆青年夢想實踐家



## Bodily-kinaesthetic Intelligence

# Roller Skating

Tai Po

Course Name	Roller Skating
Company's / Tutor's Name	LasWakegers
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk)
Min. no. of students	8
Max. no. of students	40
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	By the end of the course children will be able to skate slowly, stop and turn. Children will learn how to skate faster, feel safe at higher speeds and be in control.
Company/ Tutor's background	We are a group of educators. Skateboarding, In-line skating and Wakesurfing lovers! Establishing LasWakegers is to share our experiences and passion to these extrem sports! Our motto is Everyone can do it! We hope Skateboarding, In-line Skating and Wakesurfing could be more popular in Hong Kong. The LasWakegers Skateboarding, In-line Skating and Wakesurfing regular courses are one of the best activities for kids and teens. The goals for our instructors are not only to provide a high level of coaching, but to provide a fun and safe environment conducive to learning and excelling in the sports! We ensure students enjoy a non-traditional and fun time out of the classroom that meets any educational outcomes you require. Suitable for all ages and all skill levels.



# Rope Skipping

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	Rope Skipping
Company's / Tutor's Name	Hong Kong Rope Skipping Club Limited
School Teacher-in-charge	Mr. Harry Lam (harrylam@sthilarys.edu.hk)
Min. no. of students	5
Max. no. of students	12
Tutor-student ratio	1:12
Medium of instruction	Cantonese
Course Description	We provide rope skipping trainings conducted by qualified coaches. Our diverse courses are able to adapt to school's needs and objectives. The courses include junior class and advanced class. Coaches will teach single rope, pairs and teams'skill. Coaches make students enjoy learning through games. Students not only learn the skill, also can learn to work with others and not to give up. Students can grow physically and mentally.
Company/ Tutor's background	Hong Kong Rope Skipping Club was established in 2009. It has cooperated with over 100 institutions, including academic groups and community centers, to host rope skipping events. It is devoted to provide excellent rope skipping activities and to popularize the sport through holding promotion events, training classes, coach classes, workshops, lectures, forums, fun days and continued learning courses. With systematic and professional trainings, our students show significant improvement which leads them to the road of clinching medals in the world-level contests. Aiming to bring a serious, professional and healthy image of rope skipping to the public, our Club has strict requirements on our members so as to clear up the misunderstanding that rope skipping is

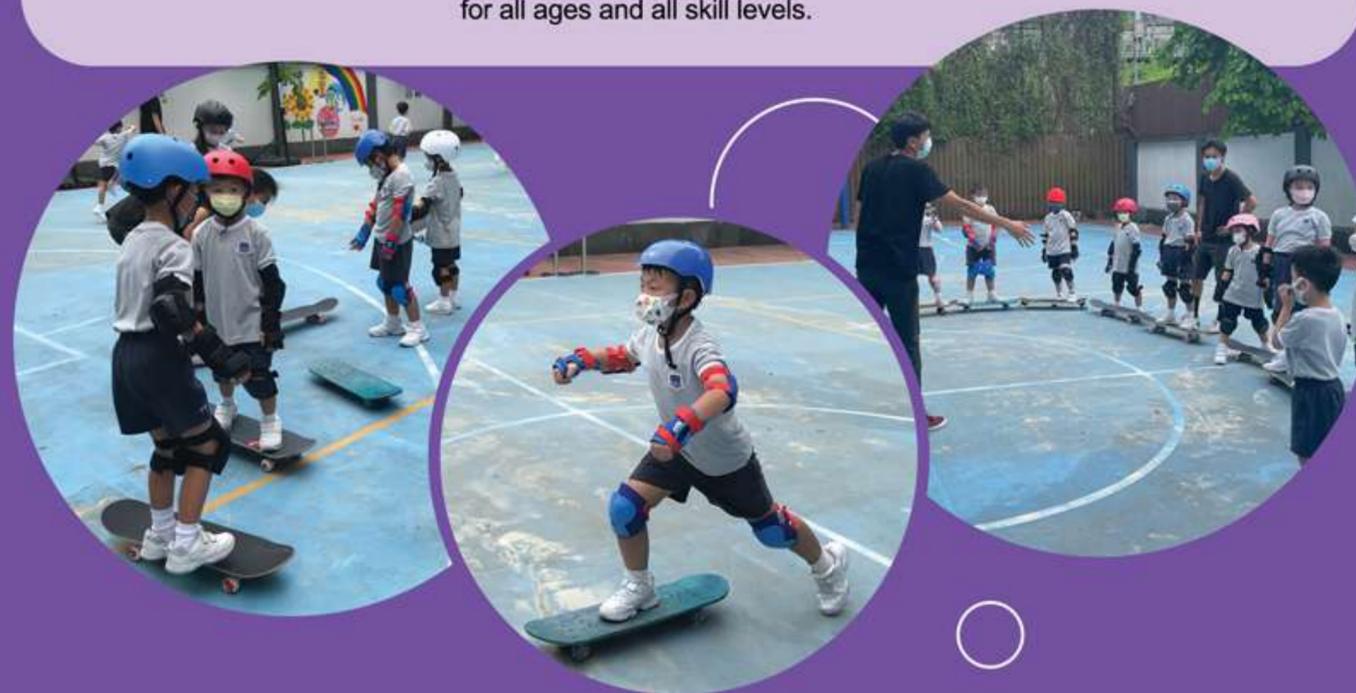


# Skateboarding

📍 Tai Po / Diamond Hill



Course Name	Skateboarding
Company's / Tutor's Name	LasWakegers
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk)
Min. no. of students	8
Max. no. of students	25
Tutor-student ratio	1:10
Medium of instruction	Cantonese
Course Description	In this course all the basic Skateboarding tricks will be introduced. This course will get you to be able to land basic skateboarding tricks! You will be able to ollie up and off a curb and land flat ground tricks.
Company/ Tutor's background	We are a group of educators. Skateboarding, In-line skating and Wakesurfing lovers! Establishing LasWakegers is to share our experiences and passion to these extrem sports! Our motto is Everyone can do it! We hope Skateboarding, In-line Skating and Wakesurfing could be more popular in Hong Kong. The LasWakegers Skateboarding, In-line Skating and Wakesurfing regular courses are one of the best activities for kids and teens. The goals for our instructors are not only to provide a high level of coaching, but to provide a fun and safe environment conducive to learning and excelling in the sports! We ensure students enjoy a non-traditional and fun time out of the classroom that meets any educational outcomes you require. Suitable for all ages and all skill levels.



# Table-tennis

📍 Tai Po / Mong Kok / Diamond Hill

Course Name	Table-tennis
Company's / Tutor's Name	Hongkong Yiming Sports Culutre Co. Limited
School Teacher-in-charge	Mr. Harry Lam (harrylam@sthilarys.edu.hk)
Min. no. of students	4
Max. no. of students	8
Tutor-student ratio	1:8
Medium of instruction	Putonghua, Cantonese
Course Description	Comprehensive table tennis training for the young. Table tennis is suitable for everyone. This is a game to develop the co-ordination among eyes, hands, legs and brain, and to build up their spatial sense. Students can enhance their self-confidence through competitions.
Company/ Tutor's background	Lead by Head Coach LIU Ronghai, (former team member of China Team, former head coach of Mens' Team, Province Heilongjiang) our company has been providing professional and systematic table tennis training, aim to arouse students' interest and encourage their participation to build up their self-confidence and the power of resilience. "Hong Kong YiMing Sports" plays an important role locally and internationally. We have been the champion of HKTТА Cup 2019, the most influential competition in Hong Kong. We have also organized exchange programs for our young players with professional parties among Taiwan, Shanghai, Guangzhou, Beijing etc.



# Wushu



📍 Tai Po / Diamond Hill

Course Name	Wushu
Company's / Tutor's Name	Easy Sports Company Limited
School Teacher-in-charge	Ms. Fiona Lo (ytlo@sthilarys.edu.hk )
Min. no. of students	8
Max. no. of students	12
Tutor-student ratio	1:12
Medium of instruction	English, Cantonese
Course Description	This Wushu program is designed for children who are curious about traditions of combat training. Our students will learn the basic techniques, such as self-defence, military and law enforcement applications and competitions through martial arts like Ving Tsun, Boxing etc. in a safe environment under our professional guidance.
Company/ Tutor's background	FONG CHUN MING方俊銘 前香港泰拳代表隊 Former Hong Kong Muay Thai Team Master Chung 鍾志明 詠春體育總會教練 Ving Tsun Athletic Association Coach





# Stormy Chefs

Tai Po / Mong Kok / Diamond Hill

Course Name	Stormy Chefs
Company's / Tutor's Name	ActiveKids Limited
School Teacher-in-charge	Ms. Christie Wong (wswong@sthilarys.edu.hk)
Min. no. of students	5
Max. no. of students	15
Tutor-student ratio	1:10
Medium of instruction	English
Course Description	<p>Stormy Chefs teaches children about "Food". For many of our "City Kids", cooking is a very foreign concept. Our experienced Chefs will help children attain the proper knowledge of food - nutrition, cooking, hygiene and etiquette through practical hands on lessons and spoken discussion. During our classes, children will experience first-hand how food transforms from simple ingredients to real meals and many different ways to prepare home-cooked meals for their family and themselves.</p> <p>Our mission is:</p> <ul style="list-style-type: none"><li>- Get students truly excited about food</li><li>- Equip students with this very basic survival skill of cooking</li><li>- Provide a fresh, fun, hands-on way to learn</li></ul>
Company/ Tutor's background	<p>Since 2004, ActiveKids has been specializing in delivering premium educational programs to children of age 3-18 in Hong Kong and Greater China. We have established a strong track record with over 60+ schools and clubs, and a growing participants' list. We strongly believe that our premium, supplementary activities are truly worthwhile and beneficial to the development of children. Our high quality programs have positively impacted thousands of students in Hong Kong's top local, international and ESF schools.</p>

